

Morgan Lawless is a graduate of The Cortiva Institute of Massage Therapy in Watertown, MA with over 750 hours of classroom and clinical training. He works in Swedish, Neuromuscular, Deep Tissue, Myofascial Release, Sports and Hot Stone Massage. Using these techniques, Morgan creates a bodywork treatment plan to promote long term changes in posture and gait.

Before studying to become a massage therapist, Morgan worked as an architectural designer in Boston, MA. From architecture, Morgan incorporates the concept of tensegrity into his massage practice. Tensional Integrity or Tensegrity (a term coined by the architect Buckminster Fuller) has to do with a structure that is dependent on the balance of tension and compression. In the human body the compressive structure of the skeleton is suspended by the tensile structure of the muscles. Using this structure as the foundation of the body's movement, Morgan addresses and works to correct imbalance that arises from injury, stress, and fatigue.

Morgan is also a student of Budo Taijutsu, the art of distance and timing (Literally; *the martial way of body technique*). He has traveled to Japan in his studies and incorporates this knowledge into identifying the underlying causes of improper movement.

Whether you are looking for long term changes, a quick fix, or relaxation with thoughtful intent, Morgan will be able to meet your needs.